



# Jing Si Instant Rice

A Healthy, Delicious and Nutritional Alternative

Jing-Si Instant Rice was originally developed for disaster relief effort as a quick and nutritious rice meal. Its light-weight package, vegan instant rice is made from all natural ingredients. With a busy lifestyle, a touch of creativity, Jing Si Instant Rice can be easily transformed into a variety of delicious cuisines within minutes. It is truly a convenient time-and-energy saving meal option without forsaking nutrition and elegance.



Instant meal by simply adding water (hot or cold)



Pour 120 cc of boiling water into a bowl.



Add the seasoning power and stir.



Add the vegetable pack content and dried steamed rice, stir and mix well.



Cover the bowl and wait for 20 minutes.

Transformed Jing Si Instant Rice into many delicious dishes without cooking

For more information, please visit [www.us.tzuchi.org](http://www.us.tzuchi.org) or contact 909-447-7799 ext.569

Tea Rice



Spring Rolls



Sushi

"If we can reduce our desires, there is nothing really worth getting upset about."  
"To give is better than to receive."

- Jing Si Aphorism by Dharma Master Cheng Yen